



# CAÑON CITY SCHOOLS

SCHOOL DISTRICT FREMONT RE-1

101 North 14th Street  
Cañon City, Colorado 81212

Phone (719) 276-5700  
Fax (719) 276-5739

## ADMINISTRATIVE STAFF

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Superintendent of Schools
- HEIDI ANDERSON**  
Chief Financial Officer
- JAMIE DAVIS**  
Director of Human Resources
- BRIAN ZAMARRIPA**  
Director of Curriculum and Assessment
- TIM RENN**  
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Director of Support Services
- SCOTT MORTON**  
Director of Operations

Dear Parent or Guardian,

Growth and Development education at your child's school will be taking place during the months of **September - November** (individual dates vary from school to school). Cañon City Schools has worked diligently to align each lesson with the Colorado Comprehensive Health Standards. We feel that this curriculum is an important part of your child's normal and healthy growth, and encourage you to discuss the program with him/her to answer his/her questions.

Depending upon your child's grade level, topics may include:

<ul style="list-style-type: none"> <li>● Personal Safety</li> <li>● Healthy Relationships</li> <li>● Decision Making</li> <li>● Puberty</li> </ul>	<ul style="list-style-type: none"> <li>● Human Reproduction of Childbirth</li> <li>● Abstinence</li> <li>● Contraception and Pregnancy Prevention</li> <li>● HIV/AIDS and Sexually Transmitted Infections (STIs)</li> </ul>
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Cañon City Schools acknowledges that parents/guardians are the primary sexuality educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role. Parents/guardians have the option of exempting their child from any portion of Growth and Development instruction if it is in conflict with conscience, moral, or religious beliefs. If this is the case with your child, please fill out this portion of the page, tear it off, and send it back to school with your child. Students who are excused will be assigned an alternative learning opportunity during the applicable time.

*Adam Hartman*

Superintendent of Schools, Cañon City Schools

**-----Only return the bottom portion if you are electing to OptOut your student-----**

Please complete this section only if you would like your child *opted-out* of any or all of the Growth and Development lessons being taught by the District Nurse at your child's school. The form needs to be returned to the School Counselor for your child to be opted-out.

**You DO NOT need to return anything if you are comfortable with your child receiving the entire Growth and Development program.**

- I **do not** want my child to receive the Growth and Development curriculum this school year.
- I **do not** want my child to receive the following topics (check all that apply):

<p><b>6th Grade Topics</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Puberty</li> <li><input type="checkbox"/> Understanding Romantic Relationships</li> <li><input type="checkbox"/> Consent</li> </ul>	<p><b>7th Grade Topics</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Healthy and Unhealthy Relationships</li> <li><input type="checkbox"/> Making SMART Choices</li> <li><input type="checkbox"/> Understanding and Preventing STDs</li> </ul>	<p><b>8th Grade Topics</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Making SMART Decisions</li> <li><input type="checkbox"/> Understanding Sexual Abuse and Assault</li> <li><input type="checkbox"/> STD Basics: Reducing Your Risks &amp; Birth Control Basics</li> </ul>
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Student's Name

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date